

NAOMH EOIN

NEWS



Christmas Edition

Information Update for Members, their families and friends of St. John's G.A.C.

December 2014



Charity Walk for NI Cancer Centre

We are having a Charity Walk /Jog/ Run in the Falls Park on St Stephen's Day Friday 26th December. Meet at the bowling green at **11am**. Donation buckets will be available. Please come out as a family or individuals to support this very worthy cause. Refreshments afterwards in 'The Coffee Room' in the club.



Sports Hall Refurbishment

A successful grant application (£26,000) to Alpha, helped the club to lay a new 3G surface in the sports hall. This is an excellent facility which has also boosted our weekly income. Eugene and Brian have refurbished the adjacent changing rooms and toilets which has made a huge difference to this area.



Fit4life

This 12 week programme has just been completed under the expert tuition of Laura McCann. Classes begin again on Wednesday 14th January @6.30pm in the function room and continue on Saturday and Sunday mornings at 10am for 1 hour
Wednesdays – Simple circuits
Saturdays – Run/Jog/Walk +Boxercise
Sundays – Spin + Body Toning
This is an excellent way to get fit and tone up the body. You can choose the day or days which suit you. £5 covers all 3days.
Why not join up, get fit and enjoy the craic.



Pilates

The successful Pilates class, with tutor Mrs Lisa Maxwell, resumes on Tuesday 13th January 2015 at 7.30pm in the function room. This helps tone up the body in a gentle way, and is most enjoyable. Please join us! £3 per class which is the cheapest in Belfast!!!



Sport N.I Grant

The club received a grant of £7,500 from Sport N.I. which provided the necessary keep fit equipment to support the above classes. With an additional grant from the Belfast Health Development Unit, the club were also able to purchase 20 spin bikes which are an added facility to help members, and their families get fit.



Club Annual Dinner

The Annual Dinner when we celebrate our achievements as a club, is planned for **Friday 6th February 2015** with a venue to be confirmed.
Please put this date in your diary and check the website for further details.



New Coffee Room

The new Coffee Room above the sports hall, is nearing completion. This is a most welcome addition to the club especially for parents waiting on children or for a cuppa after matches. Make yourself tea or coffee and put a donation in the box. Why not drop in after the Charity Walk and have a coffee and a wee bun! A new flat screen TV has also been installed.





Ground Improvements & Removal of the Stand

The club has spent some money improving the spectator area around the ground. Sadly the stand had to be demolished due to health and safety reasons. When finances allow, the committee will continue to make the much needed improvements around the pitch.



Achievements

Once again the club is very proud of our team and individual achievements in 2014



St John's hosted Gailltir(Waterford) Camogie Club and Aberdonnay(Kerry) Hurling Club during Feile 2014.



Michael Dudley represented Ireland in the Shinty International v Scotland.



Winners of the camogie U12 League.



Winners of the camogie U14 Championship.



Winners of the Senior Camogie Div 2 League.



Winners of the All County U16 Hurling Championship.



Winners of the U14 South Antrim B Football Feile and Fr. Mullan Cup(B)



Winners of the U21 All County Football Championship.



Club Mhaith Gold Award Winners



Annual General meeting

This was a very positive event in November 2014. The treasurer's report indicated a very positive financial year for the club.

The Executive Committee remained unchanged which represents stability.

Chairman Gerry McCann

Secretary Jim Donnelly

Treasurer Jackie Kelly



Club Mhaith Gold Award Winners

This was an excellent achievement which acknowledges the hard work which goes on in our club. Martin Crummey is to be congratulated for putting together the presentation on behalf of Naomh Eoin.

Martin McAvinney Ulster President will present the award at a function in Armagh on Wednesday 17th December 2014



Rambling Retirees

This group was formed to meet one of our aims, which is to help members and friends of Naomh Eoin, improve their fitness levels.

It is part of the NI Walking in Your Community programme and has been most enjoyable to date. The group meet every Tuesday at 10am and walk for 1 hour on different trails.

Anyone can join – you don't need to be retired!! It is a lovely way to keep contact with the club. Visit the club web site on a Monday to see the Tuesday meeting point.



We remember with sadness.....

We remember club stalwarts Pat Gallagher and Conor McGurk who both made tremendous contributions to St. John's in their lives and who unfortunately went to their eternal rest in 2014.

We remember their families and all our member families who have been bereaved this year.

The Maskey Family	(Teresa RIP)
The Murphy Family	(Paddy RIP)
The Kelly Family	(Paddy RIP)
The Murray Family	(Mary RIP)
Friars Family	(Margaret RIP)
McCallin Family	(James McNaughton + Frances McCullagh RIP)
The Clifford Family	(Gerard RIP)
McFall Family	(Gerry RIP)
Lambert Family	(ChristyRIP)
McKenna Family	(Owen RIP)
Montgomery Family	(Sally RIP)
Nugent Family	(Eileen RIP)
Kennedy Family	(SheilaRIP)



Communication

It is extremely important that we reach all members. Please inform the secretary Jim Donnelly secretary.stjohns.antrim@gaa.ie if there are members who you know who we should be communicating with.

Thanks to Conor McCaffrey the revamped website www.naomheoinclg.com is a great way of keeping in touch. Visit it!



Christmas Greetings

The Committee of Naomh Eoin GAC wish every member and their families all the blessings and joys of the Christmas season and thank you for your support during 2014. May 2015 bring us joy both on and off the pitch.

